

Smile News...

As we begin another new year, we have some exciting changes happening throughout our office. First of all we are sad to be saying goodbye to one of our valuable front office team members, Jill. She will be moving back to New Jersey to be closer to her family. She will be greatly missed. We are happy to announce, Theresa has joined our dental team in her place. Theresa comes to our office with 10 years of front office experience and she will be able to assist patients with any insurance or accounting questions. She has proven to be a wonderful new addition to our dental team.

As many of our patients are aware, Dr. Sidor is continuing his education and training by participating in a Masters Program through the Academy of General Dentistry at the University of Florida. Some of the topics he is focusing on this term are... Esthetic Implants, Comprehensive Endodontics and Full Mouth Reconstruction. This has been a highly involved process for the last two years but well worth the effort. We are looking forward to celebrating his **GRADUATION** this June!

Our entire staff is committed to keeping up to date with our continuing education as well. We attend various continuing education courses together as an office throughout each year. Each staff member individualizes their focus of study in relation to their particular position in the office. Our most influential meeting will be held this June in Orlando.

In our commitment to a new year and a new you, we offer two types of tooth whitening systems that support the needs of the individual patient. The most recommended type is our in office procedure administered by Dr. Sidor and offers *instant*, long term results. Another method is used by the patient at home for a more *gradual*, long term effect. Both methods provide great looking results.



CHILDREN'S DENTAL HEALTH

February is Children's Dental Health month and with so many of our young patients playing sports, we feel it is vitally important they protect their dentition with the use of athletic mouthguards. A custom fitted mouthguard protects the teeth by distributing the force of a blow over the surrounding teeth and gums, it protects against neck injuries and most importantly, it serves as a shock absorber for concussive forces affecting the lower jaw. Our office highly recommends the use of custom fitted athletic mouth guards that are individually designed to provide the best protection, fit and comfort. Contact our office if anyone in your family needs this valuable service.

On behalf of Dr. Sidor and our staff we want to extend our sincere THANKS for choosing our dental team. We strive to provide our patients with the best possible treatment and care in the pursuit of lifelong dental health.